Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Meersschaut Evelyn

Coaches: Huberty Maren

Coaches: Wielandt Pieter

Coaches: Mathys Jana

Coaches: De Noble Naomi

Coaches: De Backer Bart

Coaches: Debrouwere Ise HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:3, starttime: 09:05

Heat: 3/19 Lane : 6 Athlete: VAN LOO CHARLOTTE **Q-time: 01:45:91**

PB (25m pool): 01:42.76 TEMSE 24/11/2024 **PB (50m pool):** 01:45.57 **SB:** 01:49.20 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:47.92		01:42.76	
		00:47.92		*00:54.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:5, starttime: 09:10

Heat: 5/19 Lane : 4 Athlete: AKMAN REZZAN **Q-time: 01:39:03**

PB (25m pool): 01:39.03 Durmehal 27/09/2026 **PB (50m pool):** 01:42.04 **SB:** 01:39.03 Durmehal 27/09/2026

	25 M	50 M	75 M	100 M	
PB		00:46.29		01:39.03	
		00:46.29		*00:52.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:8, starttime: 09:15

Heat: 8/19 Lane : 2 Athlete: DEPESTELE GITTE **Q-time: 01:35:33**

PB (25m pool): 01:35.33 EEKLO 04/10/2026 **PB (50m pool):** 01:39.99 **SB:** 01:35.33 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.59		01:35.33	
		00:44.59		*00:50.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:8, starttime: 09:15

Heat: 8/19 Lane : 6 Athlete: VAN LOO HANNAH — **Q-time: 01:35:01**

PB (25m pool): 01:34.25 Dendermonde. 14/11/2026 **PB (50m pool):** 01:40.36 **SB:** 01:34.25 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:44.40		01:34.25	
		00:44.40		*00:49.85*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:11, starttime: 09:20

Heat: 11/19 Lane : 6 Athlete: VELGHE LAUREN — **Q-time: 01:31:73**

PB (25m pool): 01:31.44 Dendermonde. 14/11/2026 **PB (50m pool):** 01:34.65 **SB:** 01:31.44 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:43.78		01:31.44	
		00:43.78		*00:47.66*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:12, starttime: 09:25

Heat: 12/19 Lane : 6 Athlete: DE BOCK AUDE — **Q-time: 01:30:53**

PB (25m pool): 01:31.42 TEMSE 18/05/2025 **PB (50m pool):** 01:30.53 **SB:** 01:39.77 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.19		01:31.42	
		00:43.19		*00:48.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:17, starttime: 09:35

Heat: 17/19 Lane : 5 Athlete: NGABO ANNABELLE — **Q-time: 01:25:05**

PB (25m pool): 01:25.05 Temse 31/05/2026 **PB (50m pool):** 01:26.05 **SB:** 01:27.51 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:40.47		01:25.05	
		00:40.47		*00:44.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:18, starttime: 09:35

Heat: 18/19 Lane : 4 Athlete: VAN GHELUE RINSKE — **Q-time: 01:22:58**

PB (25m pool): 01:22.58 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:25.89 **SB:** 01:22.58 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.69		01:22.58	
	00:38.69		*00:43.89*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:4, starttime: 09:45

Heat: 4/14 Lane : 4 Athlete: MILLET LUCAS — **Q-time: 01:22:37**

PB (25m pool): 01:20.92 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:20.92 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:20.92	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:5, starttime: 09:50

Heat: 5/14 Lane : 1 Athlete: TIMMERMANS THEO — **Q-time: 01:21:67**

PB (25m pool): 01:20.41 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:20.41 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:20.41	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:7, starttime: 09:55

Heat: 7/14 Lane : 3 Athlete: GERRITSEN BRUNO — **Q-time: 01:17:70**

PB (25m pool): 01:17.70 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:17.70 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:17.70	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 14: 100M MEDLEY MEN 13+ — Heat:7, starttime: 09:55

Heat: 7/14 Lane : 7 Athlete: MINNOYE TIEBE — **Q-time: 01:18:10**

PB (25m pool): 01:18.10 Temse 21/12/2025 **PB (50m pool):** no time **SB:** 01:18.15 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.20		01:18.10	
		00:36.20		*00:41.90*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:8, starttime: 09:55

Heat: 8/14 Lane : 2 Athlete: VAN LOO MATHIAS — **Q-time: 01:16:75**

PB (25m pool): 01:16.61 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:16.61 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:16.61	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:10, starttime: 10:00

Heat: 10/14 Lane : 7 Athlete: HOSTE LARS — **Q-time: 01:14:34**

PB (25m pool): 01:14.34 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:14.34 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:14.34	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:13, starttime: 10:05

Heat: 13/14 Lane : 4 Athlete: DEGRANDE LARS — **Q-time: 01:08:04**

PB (25m pool): 01:08.04 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:08.04 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:08.04	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 14: 100M MEDLEY MEN 13+ — Heat:13, starttime: 10:05

Heat: 13/14 Lane : 6 Athlete: SLOS ROBBIE — **Q-time: 01:08:15**

PB (25m pool): 01:08.15 Dendermonde. 14/11/2026 **PB (50m pool):** no time **SB:** 01:08.15 Dendermonde. 14/11/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:08.15	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:14, starttime: 10:05

Heat: 14/14 Lane : 5 Athlete: NEYRYNCK TIBO — **Q-time: 01:04:78**

PB (25m pool): 01:04.78 Temse 21/12/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:30.10		01:04.78	
	00:30.10		*00:34.68*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:4, starttime: 10:10

Heat: 4/10 Lane : 7 Athlete: MILLET NOAH — **Q-time: 00:45:56**

PB (25m pool): 00:45.56 Eeklo 19/04/2026 **PB (50m pool):** no time **SB:** 00:46.51 EEKLO 04/10/2026

	25 M	50 M	
PB		00:45.56	
	00:45.56		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 10:15

Heat: 5/10 Lane : 1 Athlete: BOGAERT OSCAR — **Q-time: 00:44:11**

PB (25m pool): 00:44.11 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:44.11 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:44.11	
	00:44.11		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 10:15

Heat: 5/10 Lane : 2 Athlete: HELSKENS LEX — **Q-time: 00:43:86**

PB (25m pool): 00:43.86 BEERNEM 19/09/2026 **PB (50m pool):** no time **SB:** 00:43.86 BEERNEM 19/09/2026

	2 5 M	5 0 M	
PB		00:43.86	
		00:43.86	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 10:15

Heat: 6/10 Lane : 7 Athlete: MATAIGNE MICHEL — **Q-time: 00:43:14**

PB (25m pool): 00:45.38 Eeklo 19/04/2026 **PB (50m pool):** 00:43.14 **SB:** no time

	2 5 M	5 0 M	
PB		00:45.38	
		00:45.38	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 10:15

Heat: 6/10 Lane : 8 Athlete: DE KEIJSER STAF — **Q-time: 00:43:55**

PB (25m pool): 00:43.55 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:43.55 Sint-Amandsberg 18/10/2026

	2 5 M	5 0 M	
PB		00:43.55	
		00:43.55	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:8, starttime: 10:15

Heat: 8/10 Lane : 2 Athlete: COESSENS KOBE — **Q-time: 00:41:19**

PB (25m pool): 00:41.19 BEERNEM 19/09/2026 **PB (50m pool):** 00:42.00 **SB:** 00:41.19 BEERNEM 19/09/2026

	2 5 M	5 0 M	
PB		00:41.19	
		00:41.19	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:8, starttime: 10:15

Heat: 8/10 Lane : 6 Athlete: VERMEIR CAS — **Q-time: 00:41:07**

PB (25m pool): 00:41.07 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:42.60 **SB:** 00:41.07 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:41.07	
		00:41.07	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:8, starttime: 10:15

Heat: 8/10 Lane : 7 Athlete: VEYS ARTHUR — **Q-time: 00:41:33**

PB (25m pool): 00:41.33 EEKLO 04/10/2026 **PB (50m pool):** 00:42.52 **SB:** 00:41.33 EEKLO 04/10/2026

	25 M	50 M	
PB		00:41.33	
		00:41.33	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:10, starttime: 10:20

Heat: 10/10 Lane : 2 Athlete: DE KEIJSER RAF — **Q-time: 00:39:08**

PB (25m pool): 00:39.08 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:39.08 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:39.08	
		00:39.08	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:4, starttime: 10:25

Heat: 4/20 Lane : 2 Athlete: AKMAN REZZAN — **Q-time: 00:41:88**

PB (25m pool): 00:41.88 Durmehal 27/09/2026 **PB (50m pool):** 00:44.21 **SB:** 00:41.88 Durmehal 27/09/2026

	25 M	50 M	
PB		00:41.88	
		00:41.88	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:6, starttime: 10:25

Heat: 6/20 Lane : 3 Athlete: DE BOCK AUDE — **Q-time: 00:39:42**

PB (25m pool): 00:39.42 WAREGEM 27/09/2025 **PB (50m pool):** 00:45.56 **SB:** no time

	2 5 M	5 0 M	
PB		00:39.42	
		00:39.42	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:6, starttime: 10:25

Heat: 6/20 Lane : 6 Athlete: DEPESTELE GITTE — **Q-time: 00:39:48**

PB (25m pool): 00:39.48 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 00:39.48 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:39.48	
		00:39.48	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:11, starttime: 10:30

Heat: 11/20 Lane : 5 Athlete: VAN GHELUE RINSKE — **Q-time: 00:36:60**

PB (25m pool): 00:36.60 EEKLO 04/10/2026 **PB (50m pool):** 00:36.73 **SB:** 00:36.60 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:36.60	
		00:36.60	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:12, starttime: 10:35

Heat: 12/20 Lane : 1 Athlete: VAN LOO HANNAH — **Q-time: 00:36:44**

PB (25m pool): 00:36.44 EEKLO 04/10/2026 **PB (50m pool):** 00:37.18 **SB:** 00:36.44 EEKLO 04/10/2026

	2 5 M	5 0 M	
PB		00:36.44	
		00:36.44	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:12, starttime: 10:35

Heat: 12/20 Lane : 3 Athlete: VAN LOO CHARLOTTE — **Q-time: 00:36:10**

PB (25m pool): 00:36.10 Gent 23/02/2025 **PB (50m pool):** 00:36.54 **SB:** 00:39.38 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:36.10	
		00:36.10	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:12, starttime: 10:35

Heat: 12/20 Lane : 7 Athlete: VANCAYZEELE MARGAUX — **Q-time: 00:36:44**

PB (25m pool): 00:38.84 Dendermonde. 22/11/2025 **PB (50m pool):** 00:36.44 **SB:** no time

	25 M	50 M	
PB		00:38.84	
		00:38.84	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:15, starttime: 10:35

Heat: 15/20 Lane : 2 Athlete: VELGHE LAUREN — **Q-time: 00:34:98**

PB (25m pool): 00:34.98 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 00:34.98 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:34.98	
		00:34.98	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:1, starttime: 10:45

Heat: 1/9 Lane : 6 Athlete: GERRITSEN BRUNO — **Q-time: 03:23:57**

PB (25m pool): 03:23.57 Ronse 17/03/2024 **PB (50m pool):** 03:27.62 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		03:23.57
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:4, starttime: 10:55

Heat: 4/9 Lane : 1 Athlete: TIMMERMANS THEO — **Q-time: 02:54:26**

PB (25m pool): 02:54.26 Zottegem 01/03/2026 — **PB (50m pool):** 03:00.61 **SB:** 02:55.55 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:41.22		01:25.47		no time		02:54.26
		00:41.22		*00:44.25*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:5, starttime: 11:00

Heat: 5/9 Lane : 5 Athlete: MILLET LUCAS — **Q-time: 02:45:67**

PB (25m pool): 02:45.67 EEKLO 04/10/2026 — **PB (50m pool):** 03:01.18 **SB:** 02:45.67 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.30		01:21.00		no time		02:45.67
		00:38.30		*00:42.70*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:6, starttime: 11:05

Heat: 6/9 Lane : 5 Athlete: MINNOYE TIEBE — **Q-time: 02:40:96**

PB (25m pool): 02:40.96 EEKLO 04/10/2026 — **PB (50m pool):** 02:47.80 **SB:** 02:40.96 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:38.57		01:19.77		no time		02:40.96
		00:38.57		*00:41.20*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:3, starttime: 11:25

Heat: 3/15 Lane : 5 Athlete: VERBUSTEL LORE — **Q-time: 01:25:07**

PB (25m pool): 01:25.07 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:26.97 **SB:** 01:25.07 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.70		01:25.07	
		00:40.70		*00:44.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:4, starttime: 11:25

Heat: 4/15 Lane : 3 Athlete: WALGRAEVE AXELLE — **Q-time: 01:23:90**

PB (25m pool): 01:23.90 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:23.90 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.73		01:23.90	
		00:38.73		*00:45.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 11:25

Heat: 5/15 Lane : 3 Athlete: BAEYENS EMKE — **Q-time: 01:21:89**

PB (25m pool): 01:14.37 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:21.89 **SB:** 01:14.37 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:35.79		01:14.37	
		00:35.79		*00:38.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:6, starttime: 11:30

Heat: 6/15 Lane : 2 Athlete: VAN LAETHEM ALEXIS — **Q-time: 01:20:52**

PB (25m pool): 01:17.62 DENDERMONDE 14/11/2026 **PB (50m pool):** 01:22.46 **SB:** 01:17.62 DENDERMONDE 14/11/2026

	25 M	50 M	75 M	100 M	
PB		00:37.10		01:17.62	
		00:37.10		*00:40.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:6, starttime: 11:30

Heat: 6/15 Lane : 8 Athlete: HERREGODS INE — **Q-time: 01:21:23**

PB (25m pool): 01:21.23 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:25.05 **SB:** 01:21.23 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:38.17		01:21.23	
		00:38.17		*00:43.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:11, starttime: 11:40

Heat: 11/15 Lane : 2 Athlete: BRUNET MAXIME — **Q-time: 01:16:01**

PB (25m pool): 01:16.01 EEKLO 04/10/2026 — **PB (50m pool):** 01:21.83 **SB:** 01:16.01 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.76		01:16.01	
		00:36.76		*00:39.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:11, starttime: 11:40

Heat: 11/15 Lane : 5 Athlete: BOON MARGOT — **Q-time: 01:15:46**

PB (25m pool): 01:15.46 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:23.31 **SB:** 01:15.46 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.75		01:15.46	
		00:36.75		*00:38.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:12, starttime: 11:40

Heat: 12/15 Lane : 6 Athlete: VAN CAENEGEM FIEN — **Q-time: 01:14:77**

PB (25m pool): 01:14.77 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:16.11 **SB:** 01:14.77 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.58		01:14.77	
		00:35.58		*00:39.19*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:4, starttime: 11:55

Heat: 4/11 Lane : 8 Athlete: VERMEIR CAS — **Q-time: 01:50:23**

PB (25m pool): 01:50.23 Temse 31/05/2026 — **PB (50m pool):** 01:54.14 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.12		01:50.23	
		00:52.12		*00:58.11*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:5, starttime: 11:55

Heat: 5/11 Lane : 4 Athlete: BOGAERT OSCAR — **Q-time: 01:46:44**

PB (25m pool): 01:46.44 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:53.48 **SB:** 01:46.44 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.85		01:46.44	
		00:50.85		*00:55.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:6, starttime: 12:00

Heat: 6/11 Lane : 5 Athlete: DE KEIJSER STAF — **Q-time: 01:43:76**

PB (25m pool): 01:43.76 EEKLO 04/10/2026 **PB (50m pool):** 01:51.30 **SB:** 01:43.76 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:49.29		01:43.76	
		00:49.29		*00:54.47*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:7, starttime: 12:00

Heat: 7/11 Lane : 7 Athlete: HELSKENS LEX — **Q-time: 01:43:22**

PB (25m pool): 01:43.22 TEMSE 18/05/2025 **PB (50m pool):** 01:45.67 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.70		01:43.22	
		00:49.70		*00:53.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:8, starttime: 12:05

Heat: 8/11 Lane : 3 Athlete: DE KEIJSER RAF — **Q-time: 01:41:44**

PB (25m pool): 01:41.44 EEKLO 04/10/2026 **PB (50m pool):** 01:45.70 **SB:** 01:41.44 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.16		01:41.44	
		00:48.16		*00:53.28*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:8, starttime: 12:05

Heat: 8/11 Lane : 8 Athlete: COESSENS KOBE — **Q-time: 01:42:03**

PB (25m pool): 01:42.03 EEKLO 04/10/2026 — **PB (50m pool):** 01:47.03 **SB:** 01:42.03 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.57		01:42.03	
		00:48.57		*00:53.46*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:11, starttime: 12:10

Heat: 11/11 Lane : 2 Athlete: VEYS ARTHUR — **Q-time: 01:33:92**

PB (25m pool): 01:33.92 EEKLO 04/10/2026 — **PB (50m pool):** 01:37.72 **SB:** 01:33.92 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.03		01:33.92	
		00:44.03		*00:49.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:11, starttime: 12:10

Heat: 11/11 Lane : 5 Athlete: MATAIGNE MICHEL — **Q-time: 01:32:10**

PB (25m pool): 01:32.10 Sint-Amandsberg 18/10/2026 — **PB (50m pool):** 01:34.50 **SB:** 01:32.10 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.65		01:32.10	
		00:43.65		*00:48.45*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:11, starttime: 12:10

Heat: 11/11 Lane : 8 Athlete: MILLET NOAH — **Q-time: 01:35:68**

PB (25m pool): 01:35.68 EEKLO 04/10/2026 — **PB (50m pool):** 01:46.50 **SB:** 01:35.68 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:44.47		01:35.68	
		00:44.47		*00:51.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: